	Housing Type(s) No. Units	Medicaid Eligible	Price Range	Special Features	Area Amenities
Alaska Gardens Health & Rehabilitation 6220 S. Alaska Tacoma, WA 98408 (253) 476-5300, Tricia Schwab www.evergreenhealthcare.com	SN & Outpatient Rehab	Yes	\$245.00 & up per day	Short stay rehabilitation 24-hour nursing care Specialized wound care Discharge Planning/short term rehab Individual & group activities 30 private suites, 9 semi-private	Conveniently located-minutes from area hospitals Quiet, residential neighborhood Near shopping Newly renovated
Avamere Georgian House 8407 Steilacoom Blvd. S. W. Lakewood, WA 98498 (253) 588-2146, Jessie Wheatley www.avameregeorgianhouseof lakewood.com	SN-73	MA	\$240 & up per day	24-hr nursing care Specializing in gero/psych & dementia exclusively Complete therapy services Walking paths	Near St. Clare Hospital Near Lakewood Mall Completely secure facility, indoors & outdoors
Avamere/Heritage Rehabilitation of Tacoma 7411 Pacific Avenue Tacoma, WA 98408 (253) 474-8456	SN-76	Yes	\$200 / day	Skilled nursing facility; 24-hr nursing care Home-like environment Physical & Occupational Therapy, Speech Pathology Long/short term care & respite care Individualized & group activities	Easy access to I-5 Centrally located to area hospitals Near shopping & on bus line www.Avamere.com
Brookdale/Villas at Union Park 2010 S. Union Ave. Tacoma, WA 98405 (253) 752-6870, Melissa Martin www.brookdaleliving.com	IL-118	No	Prices as low as \$1,625	Studio, 1 & 2-bdrm apartments Outdoor patio, garden beds Library/recreation room Lots of fun activities & outings 3 delicious & nutritious meals served daily	Scenic mountain view Near Allenmore Hospital & medical offices, shopping & banks Outdoor amenities, walking paths Transportation provided
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	Housing Type(s) No. Units	Medicaid Eligible	Price Range	Special Features	Area Amenities
Brookdale/Wynwood at Allenmore 3615 S. 23rd St. Tacoma, WA 98405 (253) 759-7770, Melissa Martin www.brookdaleliving.com	ALC-68	Yes after 2 years	\$3325 and up	Emergency response system Housekeeping & linen service Studio, 1 & 2-bdrm apartments Life-enrichment program Light to heavy care RN/LPN on site/fine dining	Scenic mountain view Private balconies Outdoor patio, garden beds Walking paths Near malls, banks, Allenmore Hospital
Bridgeport Place 5250 Bridgeport Way W. University Place, WA 98467 (253) 565-1960, Jaynie Jones www.bridgeportplaceassisted. com	IL or ALC-74	Yes after 2 years	\$2,175 and up	Diabetic management/Massage Therapist 3 delicious meal choices available Stay-a-day program 24-hour staffing/housekeeping Daily activity & wellness program	Spa, salon & resident store Fully furnished respite care apts avail. Transport to church & med. appts. Located in residential neighborhood in desirable University Place
Cascade Park Gardens 4347 S. Union Ave. Tacoma, WA 98409 (253) 475-3702, Kristina Singh www.cascadecares.com	ALZ-75	MA	\$2,795- \$4,700	Individualized activities & outings In-house Nurse 7 days per week Home-like atmosphere/24-hour staffing Expanded, secure dementia units Multiple floor plans available	Multiple secure outdoor areas Near mall and community center Transportation to and from doctor Beauty shop available Medical physician director
Cascade Park Vista 242 St. Helens Ave. Tacoma, WA 98402 (253) 627-3833, Lincoln Strand www.cascadecares.com	ALC -112 Adult Day Health Care & TBI	MA	\$1,695 - \$3,500	Extensive activity program In-house Nurse 7 days per week 24-hr staffing Private studio & 1 bdrm available Shared 1 bdrm apts. available	New Brain Injury Adult Day Program Transportation to and from doctor Multiple day health programs Near hospitals & medical care Located in Stadium District
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	Housing Type(s) No. Units	Medicaid Eligible	Price Range	Special Features	Area Amenities
Cedar Ridge 9515 198th Ave East Bonney Lake, WA 98391 (253) 299-6461 Barbara Bowman ED	ALC-69 IL-54	No	\$2,300- \$3,600 + services	1 & 2 bdrm suites, Assisted Living, studios & 1 bdrm suites 24-hr awake staff Full kitchens & barrier free accessible bath Individually controlled thermostats for heat & air conditioning Pets welcome All utilites included	Close to shopping, restaurants and recreation Park-like setting with mountain views Patio & balconies
Cottesmore of Life Care 2909 14th Ave. N.W. Gig Harbor, WA 98335 (253) 851-5433, Jodi Hocking www.lcca.com	CC SN-104	Yes	\$230 and up a day	40 years of quality care Loving, caring staff/respite care Public daycare & cafe Aquatic Therapy Physical, occupational & speech therapy	Only campus of cont. care in G. H. Easy access from Highway 16 Park-like setting Located in beautiful Gig Harbor Family, home-like environment
Emeritis at Steel Lake 31200 23rd Ave. S. Federal Way, WA 98003 (253) 941-5859, Lisa Osterloh	ALC-54 ALZ-47	No	\$2,340- \$3,995	The Memory Care S. PA-Secure Unit The Monarch Memory-Secure Unit Fun activities, pets allowed, physical therapy clinic, concierge service Beauty/Barber salon; 24 hr staffing	Tranquil garden setting adj. to green belt Close to large shopping area Walking distance to Steel Lake Park Meticulously groomed & landscaped grounds; easy access to freeways & bus
Emeritus at the Courtyard 4610 6th Place S.E. Puyallup, WA 98374 (253) 841-9722, Webb Peterson www.emeritus.com	ALC-101	Yes after 2 year spend down	\$2,300 & up per month	24-hr staffing/3 meals a day/respite care Pets welcome, \$25/ month Activities/transportation available Diabetes management Companion apt. \$1560 monthly	Puyallup South Hill Near YMCA/Good Samaritan Hospital Shopping mall nearby Beautifully landscaped Gated community
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	Housing Type(s) No. Units	Medicaid Eligible	Price Range	Special Features	Area Amenities
Franke Tobey Jones Retirement Estates 5340 N. Bristol Tacoma, WA 98407 (253) 752-6621, Michelle Matz www.franketobeyjones.com	CC ALC-55 ALZ-15 IL-82 SN-43	No	\$2970 & up Call for specifics	Exceptional activity program, Senior "U" Preventative holistic Wellness center Outstanding dining/transportation 20-acre Tudor-style estate 24-hr nurse available Pet friendly, views of bay & Rainier	Bistro Cafe' on FTJ Campus Adjacent to Pt. Defiance Park Minutes from waterfront dining Close to unique Proctor District shops Near Museum & Theater District Lovely areas to walk
Gibson Gardens 5001 Pacific Ave. Tacoma, WA 98408 (253) 472-5008, Dee Price www.gibsongardens.net	IL-122	No	\$995- \$1,725	Free continental breakfast/opt. evening meal Beautifully landscaped grounds Washer/dryer in each unit Spacious 1 & 2 bdrm homes Fireplace in every apt. Bus for activities & shopping. Small pets welcome	Gated community Covered parking available, covered balconies w/ storage Adjacent to Lighthouse Senior Center Close to shopping/downtown Beauty/barber shop.Staff living on-site
Harbor Place at Cottesmore 1016 29th St. NW Gig Harbor, WA 98335 (253) 853-3354, Sue Wilhelm www.HarborPlaceRetirement. com	CC ALC and IL - 100	No	Starting at \$2,500	Month to month lease includes utilities Wellness staff on site 24/7 Restaurant-style fine dining Indoor pool, hot tub & fitness center Beauty salon/day spa/many activities/ outings	Conveniently located off Highway 16 Minutes from shopping, restaurants & medical services Nestled around beautifully manicured & landscaped grounds Gig Harbor's only full campus of care
Hearthside Manor 3615 Drexler Drive W. University Place, WA 98466 (253) 460-3330, Laurena Hennebery	ALZ - 34	No	Call for details	Dementia-friendly floor plan 24/7 assistance with medications Low staff-to-patient ratio Recreation/community outings	Centrally located in University Place Tranquil wooded setting Bright, cheerful atmosphere
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	Housing Type(s) No. Units	Medicaid Eligible	Price Range	Special Features	Area Amenities
Heritage House Assisted Living 28833 Hwy 410 East Buckley, WA 98321 (360) 829-5292, Peggy Jensen	ALC-40	MA 55+	\$2,405 and up	3 meals daily/full-service dining room Home-like atmosphere/24-hour staffing Loving, caring staff Daily activities & outings Weekly linen & personal laundry service	Close to Mt. Rainier Transportation to medical centers Beautiful courtyard, landscaping Walkings paths; newer building Close to shopping, senior center
Lakewood Healthcare Cente 11411 Bridgeport Way SW Lakewood, WA 98499 (253) 581-9002, Jan Olson	SN-80	Yes	Call for details	New therapy gym & equipment Remodeled Accept many insurances "Angel Care" program	Very close to St. Clare's hospital Closest nursing facility to Madigan One block from main bus line.
Life Care Center of Puyallup 511 10th Ave. S.E. Puyallup, WA 98372 (253)845-7566, Kristina Mills	SN - Hospice Care - 124	MA 18+	Call for details	RNs & LPNs 24 hrs/day Complex wound care/lymphedema treatment Rehab program, inpatient & outpatient Hospice & respite programs 7-day a week therapy	Quiet residential neighborhood 3 blocks from Puyallup Fairgrounds 10 minutes from South Hill Mall 5 minutes from Good Sam. Hospital Large, luxury rooms
Life Manor 1601 S. Union Tacoma, WA 98405 (253) 383-3363, Nanette Baus www.villageconcepts.com	IL-157	No	\$581 - \$794 (Income Based req.)	Beautifully remodeled building Pets allowed Multi-generation activity program 1 meal included with affordable rent Restaurant-style dining	Near Allenmore Hospital Mt. Rainier views Walking distance to shopping Located on the Life Center campus Quiet family neighborhood
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	Housing Type(s) No. Units	Medicaid Eligible	Price Range	Special Features	Area Amenities
Life Manor Retirement 1609 S. Union Tacoma, WA 98405 (253) 779-3800, Julyanne Cooke www.villageconcepts.com	ALC-59	Yes (after 2 yr spend down)	\$1,550 - \$3,375	24-hr secure building Continuing care/full time Activities/pets allowed Beauty/barber shop Located on the Life Center campus	Near Allenmore Hospital & doctors Close to shopping & banks Mt. Rainier views
The Lodge at Mallards Landing 7083 Wagner Way Gig Harbor, WA 98335 (253) 858-4990, Jody Gauthier	ALC-100 IL-24	Yes	\$2,300- \$4,200	Beautiful spacious apartments Three chef prepared meals-Anytime dining 24-hr caregivers Independent cottages Transportation to appointments	Country Setting Close to shopping Recreation-golf-boating Local walking trails Scenic view of Mt. Rainier
Market Street Apartments 314 Market St. Tacoma, WA 98402 253) 272-9475, Sandie Walker	IL - 125	N/A	HUD 30% of income	Section 8 HUD building for low-income residents Rec. room with pool table & television Small, enclosed patio	1 block from Beacon Senior Center Across street from YMCA On bus lines Close to downtown Tacoma
Merrill Gardens-Gig Harbor 3213 45th St. Ct. N.W. Gig Harbor, WA 98335 (253) 858-5300, Linda Jo Dutton www.merrillgardens.com	ALC/IL 78	Yes (after 2 yr spend down)	\$1,595 and up	60 day money back guarantee weekly housekeeping and linen service Social and recreation programs Anytime dining; Pets okay Active living wellness program	Adjacent to skilled nursing and rehab Close to shopping, Restaurants, theater, groceries and services Quiet Cul-de-sac location Close to doctors, pharmacy and library
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	Housing Type(s) No. Units	Medicaid Eligible	Price Range	Special Features	Area Amenities
Narrows Glen 8201 6th Ave. Tacoma, WA 98406 (253) 564-4770,Jason Kitchel www.vintagesenior.com	IL - 142	No	\$2,800 - \$3,850	Exceptional social & educational programs Full service concierge Full kitchens, ample closets & storage Covered parking & daily transportation avail Delicious meals in our restaurant	Quiet, safe neighborhood Beautiful, park-like setting Convenient to shopping, Titlow Park Close to Highway 16 Bus line access
Narrows Glen/Laurel House 802 Laurel Lane N. Tacoma, WA 98406 (253)564-4770, Jason Kitchel www.vintagesenior.com	ALC - 77	No	\$2,195 - \$4,250	Diabetic Management Delicious meals served in our restaurant Enhancing, stimulating activities Studio, 1 & 2 bdrm apartments/pet friendly Beautiful grounds for gardening	Partial bridge & wooded views Beautiful park-like setting Scheduled transportation Quiet, safe neighborhood Close to doctors & hospitals
Narrows Glen/ Recollections 802 Laurel Lane N. Tacoma, WA 98406 (253) 564-4770, Jason Kitchel www.vintagesenior.com	ALZ - 19	No	\$5,005 -\$6,005	Small, intimate home-like environment All private studio apartments Personalized activities & care programs 3 delicious, nutritious meals & snacks Loving, caring staff/ diabetic management	Enclosed patio with garden beds Beautifully landscaped Hands-on reminiscent furnishings Warm, homey environment Newly remodeled
Olympic Alzheimer's Residence 3025 14th Ave. N.W. Gig Harbor, WA 98335 (253) 851-5306, Kathy Wells www.prestigecare.com	ALZ-60	MA	Starts @ \$3,900 + care	Staff trained in Alzheimer's/dementia Secured, home-like environment 3 "neighborhoods" of 20 residents ea. Multiple secured courtyards Activities designed for dementia residents	Located in beautiful Gig Harbor Close to physicians & hospitals Easy access to Highway 16 Quiet, park-like setting Adjacent to skilled nursing & rehab
www.prestigecare.com				LEGEND	
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Orchard Park Health Care Center 4755 So. 48th Street Tacoma, WA 98409 (253) 475-4611, K. Melissa McPherson	SN-147	Yes	Call for details	Short-stay/Post-acute care Respite care Long-term care Hospice care	Joint Commission-accredited Recipient of American Health Care Association Bronze Award A preferred provider for HMOs and insurers
Peninsula Retirement 3445 50th Ct. N.W. Gig Harbor, WA 98335 (253) 858-4800, Myra Mathews Peninsula-retirement.com	IL-116	No	\$1,995- \$4,595	Quiet greenbelt community. Walking distance to Uptown, shopping, parks, library, medical, restaurants, Hwy 16. Studio, 1 & 2 bdrm apartments	Our exclusive Travel program allows residents to stay at 300+ communities at no charge. (except Hawaii)
Pt. Defiance Village 6414 N. Park Way Tacoma, WA 98407 (253) 759-8908, Karen & Ron Gering pointdefiancevillage.com	Apts-117 Cottag- es-40	No	\$1,595- \$4,395	All inclusive, no buy-in fees 24/7 Live-in managers Barber Shop, Salon, Fitness & Media rooms, library Chef prepared meals, weekly housekeeping Pets warmly welcomed-free cable/utilities	Beautiful, scenic Point Defiance setting Near shopping, conveniences Our travel program allows you to stay At any of 300+ communities-at no charge (except Hawaii)
Ridgemont Senior Apartments 2049 Pottery Avenue Port Orchard, WA 98366 (360) 876-4461, Janice Worden	IL-46	No	\$750- \$1,320	Secured bldg Emergency call lights/system daily meal, housekeeping, well checks, fun activities pets allowed, rate includes all utilities, cable tv transport to weekly shopping	near shopping and medical
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Silver Creek Retirement & Assisted Living 17607 91st Ave E Puyallup, WA 98375 (253) 875-8644, Travis McDaniel	ALC-66 IL-72	N/A	\$2,420- \$4,080	On-site nurse and full care staff Front desk concierge service Wide variety of activities and outings Restaurant style dining and general store onsite, Pets welcome, full housekeeping, all utilities even your phone & cable	Quiet family neighborhood Close to Drs, shopping, restaurants & pharmacy. Close to EMTs & Fire Station. Sidewalk style walking path around the community. Raised garden beds on back garden area.
Sound Vista Village 6633 McDonald Ave. Gig Harbor, WA 98335 (253) 851-9929, Susan Pfundt	ALC-36	Please call	\$1,995 - \$2,575	Full-time activities/bus Housekeeping/cable TV/wi-fi One story; no dead-end halls Three meals a day/24 hr. staffing Personal care services available Beautiful courtyard	Close to medical facilities Quiet, residential neighborhood Close to downtown Gig Harbor Some units have water views Easy freeway access/paved walking paths
Spring Ridge Retirement 6856 Portland Ave. Tacoma, WA 98404 (253) 474-1093, Terry Voeller www.springridgeretirement.com	ALC/IL-56 2 IL cottages	MA after 1 yr spend down	\$2,495 - \$3,069	Home-cooked meals Fun activities One level/small pets allowed Personal care service 24-hr staff	2 cottages Lots of walking space Established landscaping Close to churches/on bus line On bus line; close to shopping/banks
Stafford Healthcare at Ridgemont 2051 Pottery Ave Port Orchard, WA 98366 (360) 876-4461, Jan Worden	IL-46 SN-96	Yes	Call for prices	Skilled nursing/short term rehab Wireless Internet/lg flat screen T.V. in each room Inpatient and Outpatient therapy All private suites Call for specifics on each level	Close to shopping Transportation available
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	Housing Type(s) No. Units	Medicaid Eligible	Price Range	Special Features	Area Amenities
Stafford Suites 15519 62nd St. Ct. E. Sumner, WA 98390 (253) 862-1818, Laura Fehrenbacher	ALC-72	No	Start at \$2,308	Beautiful mountain-lodge setting Restaurant-style dining Exciting activity program Chapel services Personal care services available Smoke free campus	Located in charming Sumner View of Mt. Rainier Easy freeway access Near senior center & shopping Area is perfect for walking
Sunset View Apartments 7713 44th St. W. University Place, WA 98466 (253) 565-4450, Lois Brown	IL-94	No Sect 8 Welcome	\$650 & up	Quiet 1 & 2 bdrm apartments Located in University Place Full-sized washers/dryers in each unit Spacious decks/patios Active recreation facility	Carports & extra parking available Close to U.P. city center Close to major shopping Close to dining Bus lines near complex
Tacoma Lutheran Retirement Community 1301 N. Highlands Parkway Tacoma, WA 98406 (253) 752-7112, Marian Lunka	ALC-40	MA 62+	\$3,280 & up per month	FT nurse/social worker; 24-hr staffing 3 meals plus snacks Personal care, housekeeping, transportation Activities, trips, tours	Uniformed security Quiet North Tacoma neighborhood Some balcony apts with Mt Rainier view/ beauty salon Nursing home in facility
Tacoma Lutheran Retirement Community 1301 N. Highlands Parkway Tacoma, WA 98406 (253) 752-7112, Marian Lunka	IL-147	N/A	\$1,320- \$2,010	Efficiencies, 1 & 2 bdrm apts, 2-bdrm, condo-style six-plexes Flower & vegetable gardens Dinner, utilities, housekeeping Trips, tours, activities	Storage units Quiet North Tacoma neighborhood Shopping & golf course nearby Nursing home/asstd living in facility Wellness & aquatic center
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ALC=Assisted Living SN=Skilled Nursing	CC=Continu ALZ=Alzhei	0		,	dent Living (Apts., Condos, Houses) aid Accepted LI=Low Income

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Tacoma Lutheran Retirement Community 1301 N. Highlands Parkway Tacoma, WA 98406 (253) 756-7112, Deb Horton	SN-187 includes ALZ-26	Yes	\$232 and up per day	Therapy/rehab services available Activities, trips, pet program Resident-controlled electric beds Semi-secure dementia unit	Quiet North Tacoma neighborhood Shopping and golf course nearby Some private & semi-private rooms./free basic cable/hair salon/deli/gift shop Pastoral care/social services
The Village Retirement & Assisted Living Community 4707 S. Orchard Tacoma, WA 98466 (253) 475-4707, Pheanny Neang www.thevillage-tacoma.com	ALC-111 IL-24	Yes	\$1,895- \$3095	Spacious private apartments Choose from a studio, 1 bedroom & 2 bedroom Nurse in residence All meals & snacks daily Pets are welcome!	Campus-style community nestled between Fircrest, Lakewood, U.P. & Tacoma. Easy access to HWY 16 & I-5. Close to shopping, banking & medical facilities. Country setting in a quiet family neighborhood
The Weatherly Inn 6016 N. Highlands Parkway Tacoma, WA 98406 (253) 752-8550, Nicky Day	IL/ALC- 115 ALZ-44	No	Call for prices	Overnight trips & tours Gated secure community Individual AC & heat Adult day care & respite care Transportation for medical appointments	Near hospitals, doctors, skilled nursing Easy freeway access/on bus line Close to shopping, restaurants, & banks Beautiful North Tacoma location
Willow Gardens Retirement 4502 6th St SE Puyallup, WA 98374 (253) 848-4430, Laurie Miller	IL-35 Cottages IL-109 Apartments		\$2,995 \$3,995	On-site resident mgr teams. 3 chef prepared meals/2 snacks. "Age in Place" with In-Home Care Services. Pet friendly-No pet fees or deposits. Lovely cottages (1 & 2 bdrm) and studio, 1 or 2 bdrm apts. Beautiful pond w/ fountain; home to 29 resident ducks.	28-acre gated community in a park- like setting. Close to South Hill mall, grocery stores and hospital. Weekly housekeeping/linen service. Shuttle bus for appointments/trips/personal needs. Independent & supportive living
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