

Senior Housing Guide



LEGEND

ALC=Assisted Living CC=Continuing Care FH=Adult Family Home IL=Independent Living (Apts., Condos, Houses)
 SN=Skilled Nursing ALZ=Alzheimer's Care H=Handicap Accessible MA=Medicaid Accepted LI=Low Income

	Housing Type(s) No. Units	Medicaid Eligible	Price Range	Special Features	Area Amenities
Alaska Gardens Health & Rehabilitation 6220 S. Alaska Tacoma, WA 98408 (253) 476-5300, Tricia Schwab www.akgardenshealthandrehab.com	SN & Outpatient Rehab	Yes	\$275.00 & up per day	<ul style="list-style-type: none"> ▪ Short stay rehabilitation ▪ 24-hour nursing care ▪ Specialized wound care ▪ Discharge Planning/short term rehab ▪ Individual & group activities ▪ 30 private suites, 9 semi-private 	<ul style="list-style-type: none"> ▪ Conveniently located-minutes from area hospitals ▪ Quiet, residential neighborhood ▪ Near shopping ▪ Newly renovated

<p>Cascade Park Gardens 4347 S. Union Ave. Tacoma, WA 98409 (253) 475-3702, Kristina Singh www.cascadecares.com</p>	ALZ-76	MA	\$3,195- \$3,995	<ul style="list-style-type: none"> ▪ Specialized memory care in a secure setting ▪ Diabetic care ▪ Nursing staff 7 days/24 hour ▪ Creative activity program with outings ▪ Several room options ▪ Wheelchair access ▪ Emergency pull cords 	<ul style="list-style-type: none"> ▪ Conveniently located ▪ Homelike setting ▪ Secure outdoor areas ▪ Near mall and community center ▪ Transportation to and from doctor
<p>Cascade Park Vista 242 St. Helens Ave. Tacoma, WA 98402 (253) 627-3833, Lincoln Strand www.cascadecares.com</p>	ALC -112 Adult Day Health Care & TBI	MA	\$1,695 - \$3,500	<ul style="list-style-type: none"> ▪ Extensive activity program ▪ In-house Nurse 7 days per week ▪ 24-hr staffing ▪ Private studio & 1 bdrm available ▪ Shared 1 bdrm apts. available 	<ul style="list-style-type: none"> ▪ New Brain Injury Adult Day Program ▪ Transportation to and from doctor ▪ Multiple day health programs ▪ Near hospitals & medical care ▪ Located in Stadium District
<p>Cottesmore of Life Care 2909 14th Ave. N.W. Gig Harbor, WA 98335 (253) 851-5433, Karla Winslow www.lcca.com</p>	CC SN-104 Rehab	Yes	\$272 and up a day	<ul style="list-style-type: none"> ▪ 40 years of quality care ▪ Loving, caring staff/respite care ▪ Public daycare & cafe ▪ Aquatic Therapy ▪ Physical, occupational & speech therapy 	<ul style="list-style-type: none"> ▪ Gig Harbor's only full-campus care ▪ Easy access from Highway 16 ▪ Park-like setting ▪ Located in beautiful Gig Harbor ▪ Family, home-like environment

<p>Franke Tobey Jones Retirement Estates 5340 N. Bristol Tacoma, WA 98407 (253) 752-6621, Michelle Matz www.franketobeyjones.com</p>	<p>CC ALC-55 ALZ-15 IL-82 SN-43</p>	<p>No</p>	<p>\$2,940</p>	<ul style="list-style-type: none"> ▪ Exceptional activity program, Senior "U" ▪ Preventative holistic Wellness center ▪ Outstanding dining/transportation ▪ 20-acre Tudor-style estate ▪ 24-hr nurse available ▪ Pet friendly, views of bay & Rainier 	<ul style="list-style-type: none"> ▪ Bistro Cafe' on FTJ Campus ▪ Adjacent to Pt. Defiance Park ▪ Minutes from waterfront dining ▪ Close to unique Proctor District shops ▪ Near Museum & Theater District ▪ Lovely areas to walk
<p>Gibson Gardens 5001 Pacific Ave. Tacoma, WA 98408 (253) 472-5008, Sharon Shobey www.gibsongardens.net</p>	<p>IL-122</p>	<p>No</p>	<p>\$1,050- \$1,400</p>	<ul style="list-style-type: none"> ▪ Free continental breakfast/opt. evening meal ▪ Beautifully landscaped grounds ▪ Washer/dryer in each unit ▪ Spacious 1 & 2 bdrm homes ▪ Fireplace in every apt. Bus for activities & shopping. Small pets welcome 	<ul style="list-style-type: none"> ▪ Gated community ▪ Covered parking available, covered balconies w/ storage ▪ Adjacent to Lighthouse Senior Center ▪ Close to shopping/downtown ▪ Beauty/barber shop. Staff living on-site.
<p>Harbor Place at Cottesmore 1016 29th St. NW Gig Harbor, WA 98335 (253) 853-3354, Sue Wilhelm www.HarborPlaceRetirement.com</p>	<p>CC ALC and IL - 100</p>	<p>No</p>	<p>Starting at \$2,600</p>	<ul style="list-style-type: none"> ▪ Month to month lease includes utilities ▪ Wellness staff on site 24/7 ▪ Restaurant-style fine dining ▪ Indoor pool, hot tub & fitness center ▪ Beauty salon/day spa/many activities/outings 	<ul style="list-style-type: none"> ▪ Gig Harbor's only full campus of care ▪ Conveniently located off Highway 16 ▪ Minutes from shopping, restaurants & medical services ▪ Nestled around beautifully manicured & landscaped grounds
<p>Hearthside Manor 3615 Drexler Drive W. University Place, WA 98466 (253) 460-3330, Marcus Shields</p>	<p>ALZ - 40</p>	<p>Yes</p>	<p>Call for details</p>	<ul style="list-style-type: none"> ▪ Dementia-friendly floor plan ▪ 24/7 assistance with medications ▪ Low staff-to-patient ratio ▪ Recreation/community outings 	<ul style="list-style-type: none"> ▪ Centrally located in University Place ▪ Tranquil wooded setting ▪ Bright, cheerful atmosphere

<p>Life Manor 1601 S. Union Tacoma, WA 98405 (253) 383-3363 www.lifemanor.com</p>	IL-157	No	\$631	<ul style="list-style-type: none"> ▪ Beautifully remodeled building ▪ Pets allowed ▪ Multi-generation activity program ▪ 1 meal included with affordable rent ▪ Restaurant-style dining 	<ul style="list-style-type: none"> ▪ Near Allenmore Hospital ▪ Mt. Rainier views ▪ Walking distance to shopping ▪ Located on the Life Center campus ▪ Quiet family neighborhood
<p>Life Manor Retirement 1609 S. Union Tacoma, WA 98405 (253) 779-3800, Merkia Carpenter www.lifemanor.com</p>	ALC-59	Yes (after 2 yr spend down)	\$2,025 - \$3,390	<ul style="list-style-type: none"> ▪ Continuing care/full time ▪ Activities/pets allowed ▪ Beauty/barber shop ▪ Located on the Life Center campus 	<ul style="list-style-type: none"> ▪ Near Allenmore Hospital & doctors ▪ Close to shopping & banks ▪ Mt. Rainier views
<p>The Lodge at Mallards Landing 7083 Wagner Way Gig Harbor, WA 98335 (253) 858-4990, Jen Drake info@thelodge-gigharbor.com www.thelodge-gigharbor.com</p>	ALC- 87 IL-24 ALZ-11	Yes	\$2,300-\$4,200	<ul style="list-style-type: none"> ▪ Beautiful spacious apartments ▪ Three chef prepared meals- Anytime dining ▪ 24-hr caregivers ▪ Independent cottages ▪ Transportation to appointments 	<ul style="list-style-type: none"> ▪ Country Setting ▪ Close to shopping ▪ Recreation-golf-boating ▪ Local walking trails ▪ Scenic view of Mt. Rainier
<p>Market Street Apartments 1314 Market St. Tacoma, WA 98402 (253) 272-9475, Sandie Walker</p>	IL - 125	N/A	HUD 30% of income	<ul style="list-style-type: none"> ▪ Section 8 HUD building for low-income residents ▪ Rec. room with pool table & television ▪ Small, enclosed patio 	<ul style="list-style-type: none"> ▪ 1 block from Beacon Senior Center ▪ Across street from YMCA ▪ On bus lines ▪ Close to downtown Tacoma

<p>Merrill Gardens at Tacoma 7290 Rosemount Circle Tacoma, WA 98465 (253) 460-5851 www.merrillgardens.com</p>	IL, ALC,ALZ 146	No	\$2,150 and up	<ul style="list-style-type: none"> ▪ New independent living cottages ▪ Now offering memory care ▪ Anytime dining program ▪ Active living lifestyles program ▪ 24 hour staff ▪ Weekly housekeeping ▪ Scheduled transportation 	<ul style="list-style-type: none"> ▪ Located in the University Place area, near Sunset Terrace Park, Tacoma Community College, MultiCare Tacoma General Hospital, Group Health Cooperative and St. Joseph Medical Center
<p>Olympic Alzheimer’s Residence 3025 14th Ave. N.W. Gig Harbor, WA 98335 (253) 851-5306, Kathy Wells www.prestigecare.com</p>	ALZ-60	MA	Starts @ \$4,250+ care	<ul style="list-style-type: none"> ▪ Compassionate staff trained in Alzheimer’s/dementia ▪ “Expressions of My Life” activity program ▪ Secure, home-like environment ▪ 3 “neighborhoods” of 20 residents ea. ▪ Individual care plans implemented by their “Life Story” 	<ul style="list-style-type: none"> ▪ Located in beautiful Gig Harbor ▪ Close to physicians & hospitals ▪ Easy access to Highway 16 ▪ Quiet, park-like setting ▪ Adjacent to skilled nursing & rehab
<p>Patriot's Landing 1600 Marshall Circle DuPont, WA 98327 (253) 964-4900 kindredhealthcare.com</p>	Cottages -25 IL - 80 ALC - 52 ALZ - 22	No	\$1,850- \$5,500	<ul style="list-style-type: none"> ▪ Exquisite accommodations including fine dining, heated swimming pool and Jacuzzi, his and hers saunas. Fitness and wellness program, game room w/billiards & card tables, full-service lounge. 	<ul style="list-style-type: none"> ▪ Base access for shopping and medical appointments. Shopping in Tacoma and Olympia. Beautiful gardens and walking paths. Quiet, serene and safe neighborhood.

<p>Point Defiance Village 6414 N. Park Way Tacoma, WA 98407 (253) 759-8908, Karen & Ron Gering pointdefiancevillage.com</p>	<p>Apts-116 Cottages-40</p>	<p>No</p>	<p>\$2,000- \$5,200</p>	<ul style="list-style-type: none"> ▪ All inclusive, no buy-in fees. 24/7 live-in managers. ▪ Barber shop, salon, fitness & media rooms, library. ▪ Three chef-prepared meals daily. ▪ Weekly housekeeping ▪ Utilities and cable included. ▪ Pets welcome. 	<ul style="list-style-type: none"> ▪ Point Defiance Village sits on 28 lush, landscaped acres. ▪ Convenient to shopping, hospitals. ▪ Exclusive travel program to over 300 communities (free – except Hawaii).
<p>Stafford Suites 15519 62nd St. Ct. E. Sumner, WA 98390 (253) 862-1818, Laura Fehrenbacher</p>	<p>ALC-72</p>	<p>No</p>	<p>Call for prices</p>	<ul style="list-style-type: none"> ▪ Beautiful mountain-lodge setting ▪ Restaurant-style dining ▪ Exciting activity program ▪ Chapel services ▪ Personal care services available ▪ Smoke free building 	<ul style="list-style-type: none"> ▪ Located in charming Sumner ▪ View of Mt. Rainier ▪ Easy freeway access ▪ Near senior center & shopping ▪ Area is perfect for walking
<p>Sunset View Apartments 7713 44th St. W. University Place, WA 98466 (253) 565-4450, Lois Brown</p>	<p>IL-92</p>	<p>No Sect 8 Welcome</p>	<p>\$660 & up</p>	<ul style="list-style-type: none"> ▪ Quiet 1 & 2 bdrm apartments ▪ Located in University Place ▪ Full-sized washers/dryers in each unit ▪ Spacious decks/patios ▪ Active recreation facility 	<ul style="list-style-type: none"> ▪ Carports & extra parking available ▪ Close to U.P. city center ▪ Close to major shopping ▪ Close to dining ▪ Bus lines near complex
<p>Tacoma Lutheran Retirement Community 1301 N. Highlands Parkway Tacoma, WA 98406 (253) 752-7112, Marian Lunka</p>	<p>ALC-40</p>	<p>MA 62+</p>	<p>\$3,580 & up per month</p>	<ul style="list-style-type: none"> ▪ FT nurse/social worker; 24-hr staffing ▪ 3 meals plus snacks ▪ Personal care, housekeeping, transportation ▪ Activities, trips, tours 	<ul style="list-style-type: none"> ▪ Uniformed security ▪ Quiet North Tacoma neighborhood ▪ Some balcony apts with Mt Rainier view/beauty salon ▪ Nursing home in facility

<p>Tacoma Lutheran Retirement Community 1301 N. Highlands Parkway Tacoma, WA 98406 (253) 752-7112, Marian Lunka</p>	IL-147	N/A	\$1,270- \$2,250	<ul style="list-style-type: none"> ▪ Efficiencies, 1 & 2 bdrm apts, 2-bdrm, condo-style six-plexes ▪ Flower & vegetable gardens ▪ Dinner, utilities, housekeeping ▪ Trips, tours, activities 	<ul style="list-style-type: none"> ▪ Storage units/support services ▪ Quiet North Tacoma neighborhood ▪ Shopping & golf course nearby ▪ Nursing home/asstd living in facility ▪ Wellness & aquatic center
<p>Tacoma Lutheran Retirement Community 1301 N. Highlands Parkway Tacoma, WA 98406 (253) 756-7112, Deb Horton</p>	SN-187 includes ALZ-26	Yes	\$248 and up per day	<ul style="list-style-type: none"> ▪ Therapy/rehab services available ▪ Activities, trips, pet program ▪ Resident-controlled electric beds ▪ Semi-secure dementia unit 	<ul style="list-style-type: none"> ▪ Quiet North Tacoma neighborhood ▪ Shopping and golf course nearby ▪ Some private & semi-private rooms./free basic cable/hair salon/deli/gift shop ▪ Pastoral care/social services
<p>Vintage at Tacoma 4023 S. Lawrence St. Tacoma, WA 98409 (253) 472-2217</p>	231 units independent	No	\$775- \$900	<ul style="list-style-type: none"> ▪ Pets welcome ▪ Non-smoking community ▪ Washer/dryer in unit ▪ Dishwasher, garbage disposal, full-size fridge and stove, microwave, newer finishes and much more. 	<ul style="list-style-type: none"> ▪ Beauty salon, mini-mart, movie theater, library, computer room, Marlene's deli, shopping, near bus line, game room, fitness center, courtyard and community van trips throughout the month, and monthly calendar of events.

<p>The Village Senior Living 4707 S. Orchard Tacoma, WA 98466 (253) 475-4707 www.thevillage-tacoma.com</p>	ALC-111 IL-24	Yes	\$1,895- \$2,895	<ul style="list-style-type: none"> ▪ Spacious private apartments ▪ Choose from a studio, 1 bedroom & ▪ 2 bedroom ▪ Nurse in residence ▪ All meals & snacks daily ▪ Pets are welcome! 	<ul style="list-style-type: none"> ▪ Campus-style community nestled between Fircrest, Lakewood, U.P. & Tacoma ▪ Easy access to Highway 16 & I-5 ▪ Close to shopping, banking & medical facilities. ▪ Country setting in a quiet family neighborhood
<p>The Weatherly Inn 6016 N. Highlands Parkway Tacoma, WA 98406 (253) 752-8550</p>	IL/ALC-115 ALZ-44	No	Call for prices	<ul style="list-style-type: none"> ▪ Trips & tours ▪ Gated secure community ▪ Individual AC & heat ▪ Adult day care & respite care ▪ Transportation for medical appointments 	<ul style="list-style-type: none"> ▪ Near hospitals, doctors, skilled nursing ▪ Easy freeway access/on bus line ▪ Close to shopping, restaurants, & banks ▪ Beautiful North Tacoma location

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