

Where To Turn

2021 - 2022

*An information and referral
guide to community resources
for older adults in*

KITSAP COUNTY

Produced by
SENIOR MEDIA SERVICES
A program of



LUTHERAN
**Community
Services**
NORTHWEST

**Find the services you need
for Transportation, Housing,
Healthcare, Food and Utilities
Assistance, and more**



CATHOLIC COMMUNITY SERVICES

OF WESTERN WASHINGTON

Providing the highest quality home care to seniors and people with disabilities for more than 30 years

- We are state licensed and accept insurance, private pay, DSHS and serve all income levels
- Services range from housework to personal care including medication reminders, incontinent care, transportation, bathing, dressing, transfers to/from wheelchair, and protective supervision
- We offer hourly visits to round the clock, live-in care
- We pride ourselves on employing the highest caliber of staff assuring our clients the best quality in-home care services



Please call for a free in-home evaluation:

1-877-870-1582

Visit us on the web at www.ccsww.org

CATEGORIES OF SERVICE

ADULT DAY HEALTH	6
ADVOCACY and COMPLAINTS	6
CHEMICAL DEPENDENCY	6
CRIME PREVENTION	6
DEMENTIA CARE/SERVICES	6
DENTAL CARE	6
DISASTER/EMERGENCY SERVICES	7
DISABILITY-RELATED SERVICES	7
DOMESTIC VIOLENCE	8
DRIVING CLASSES	8
EMPLOYMENT	8
FOOD BANKS / FOOD ASSISTANCE	9
HEALTHCARE / HOSPITALS	9
HEARING	9
HOSPICE	10
HOUSING ASSISTANCE / HOUSING REPAIRS ...	10
IMMIGRATION SERVICES	10
IN-HOME CARE / HEALTH SERVICES	10
LEGAL ASSISTANCE	10
LEGISLATION / STATE	10
LONG-TERM CARE	10
MEDICARE / HEALTH INSURANCE	11
MENTAL HEALTH / SUICIDE PREVENTION	11
MINORITY SERVICES	12
SENIOR / COMMUNITY CENTERS	12
SOCIAL SECURITY	12
SUPPORT GROUPS / ASSOCIATIONS	13
TAX HELP / INFORMATION	13
TRANSPORTATION	13
UTILITIES ASSISTANCE	13
VETERANS	14
VOLUNTEERING	14

ADVERTISING PARTNERS

Catholic Community Services	2
Kitsap County Aging and Long-term Care	8
Norpoint Communities	13
Lutheran Community Services Northwest	15
ShareLife	16

FIND IT IN WHERE TO TURN

Where To Turn lists the telephone numbers of service providers by category. The lists include government, publicly funded and non-profit programs, and paid advertisers. For services outside Washington, contact the U.S. Administration on Aging's Eldercare Locator at 1-800-677-1116.

ABOUT THE PUBLISHER

Senior Media Services is a program of Lutheran Community Services Northwest (LCSNW), a non-profit human services agency. The goal of all LCSNW programs is to meet the specific needs of local communities. Senior Media Services, which is based in Tacoma, serves the information needs of tens of thousands of older adults in multiple counties with free print publications (*Where to Turn* and *Senior Scene*) and online (seniorscene.org).

Where to Turn, published annually, is a resource guide used by seniors, their families, friends and caregivers to find community services provided by government and private providers. Separate editions of *Where to Turn* are published for Kitsap County, Pierce County and King County and are distributed free of charge through more than 200 partnering organizations.

Senior Scene, a monthly newspaper, is distributed free at more than 370 locations in Pierce County and King County. Readers enjoy news, features and information aimed at helping them lead healthy, active, informed and meaningful lives.

Information about Senior Media Services is at 253-722-5687 and seniorscene.org.

ABOUT LUTHERAN COMMUNITY SERVICES NORTHWEST

Lutheran Community Services Northwest (LCSNW) is a non-profit human services agency with offices and programs in Washington, Oregon and Idaho. Its origins date to 1921, and its services--focused on health, justice and hope for individuals, families and communities--touch the lives of people of all ages, cultures and faiths. In Kitsap County, programs include:

- Home Care, helping seniors and people with disabilities remain in their homes personal care, companionship, respite car and light housekeeping. Our assistance is often referred to as non-medical home care. More information is available at homecare@lcsnw.org and 253-722-5680.

- Senior Companion, matching trained volunteers with isolated seniors and disabled adults for companionship such as playing cards, sharing hobbies, going for walks, and transportation for short errands or appointments. More information is at seniorcompanion@lcsnw.org and 253-722-5686.

- Retired and Senior Volunteer Program (RSVP), part of the Corporation for National and Community Service, helps older volunteers find roles that fit their specific skills and interests. More information is at RSVPkitsapcounty@lcsnw.org and 360-377-5511.

- Military Family Respite Care helps military families who have children with special needs by providing up to 40 hours per month of no-cost respite care, allowing parents to attend appointments or rest. More information is at 360-479-3489.

- Where to Turn community resources guide, published by Senior Media Services.

Where To Turn
2021 - 2022
An information and referral guide to community resources for older adults in
KITSAP COUNTY
Produced by
SENIOR MEDIA SERVICES
A program of
LUTHERAN Community Services NORTHWEST
Find the services you need for Transportation, Housing, Healthcare, Food and Utilities Assistance, and more

For additional copies of **Where To Turn** please contact Senior Media Services at 253-722-5687

or
pjenkins@lcsnw.org

ADULT DAY CARE

- Caregiver Support Center 360-337-5700
Gateway Adult Services 360-377-9810

ADVOCACY and COMPLAINTS

- Adult Protective Services/DSHS 877-734-6277
Better Business Bureau 206-431-2222
Disability Rights Washington 800-562-2702
DSHS Residential Care Services 253-983-3819
Kitsap County Long-term Care Ombudsman
360-337-5714
State Attorney General Consumer Protection
800-551-4636
State Insurance Commissioner 800-562-6900

CHEMICAL DEPENDENCY

- Al-Anon 888-425-2666
Alcoholics Anonymous 253-474-8897
Kitsap Recovery Center 360-337-4625

CRIME PREVENTION

- Bainbridge Island Police 206-842-5211
Bremerton Police 360-473-5220
Crimestoppers of Puget Sound 800-222-TIPS
Kitsap County Sheriff 360-337-7101
Port Orchard Police 360-876-1700

DEMENTIA CARE/ SERVICES

- Alzheimer's Association 800-272-3900
Lutheran Community Services Northwest
253-722-5682
UW Alzheimer's Disease Research Center
206-744-0588

DENTAL CARE

- Peninsula Community Health Services
360-377-3776

DISASTER/EMERGENCY SERVICES

- American Red Cross 253-474-0400
FEMA (Federal Emergency Management Agency)
800-525-0321
Kitsap County Department of Emergency
Management 360-307-5871
Salvation Army 360-373-5550

DISABILITY-RELATED SERVICES

- Disabled American Veterans 360-373-2397
DSHS 1-800-772-1213
Kitsap County Division of Aging and Long-Term
Care 360-337-5700
Northwest Access Fund 206-328-5116
Northwest ADA Center 800-949-4232
Washington Talking Book and Braille Library
206-615-0400



Central Kitsap Food Bank in Silverdale is one of many countywide where volunteers and generous donors help the hungry. See the Food Banks/Food Assistance category for where to call for information.

DOMESTIC VIOLENCE

Adult Protective Services/DSHS 877-734-6277
National Domestic Violence Hotline... 800-799-7233
YWCA Kitsap County
360-479-0522, 800-500-5513 (crisis line)

DRIVING CLASSES

AARP 888-227-7669

EMPLOYMENT

AARP.....1-855-850-2525
Kitsap County Senior Information and Assistance
360-337-5700
Senior Community Service Employment Program
206-624-6698



**KITSAP COUNTY AGING
& LONG TERM CARE**

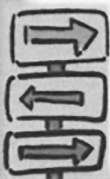
**KITSAP COUNTY'S
AREA AGENCY ON AGING**



SENIOR INFORMATION & ASSISTANCE

A FREE Service for People 60+ & Their Caregivers

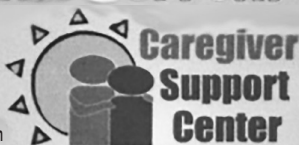
Where to turn in Kitsap County for...



- Answers to questions about services and opportunities
- Review of needs and referral to local resources
- Help finding programs and services
- Advocacy on issues important to older adults

'Promoting the well-being of older adults & assisting them in maintaining their independence'

CAREGIVER SUPPORT CENTER



FREE:

- Personal Caregiver Consultation
- Information & Education
- Specialized Services

ASK ABOUT:

- Dementia Specialist Consultation
- Counseling & Training
- Caregiver Respite Options

Kitsap County Aging & Long Term Care Services

9857 SILVERDALE WAY NW, SILVERDALE

19705 VIKING AVE NW, POULSBO (INSIDE NK FISHLINE BLDG)

'for in-office help, call ahead for staff availability'

360-337-5700 or 1-800-562-6418

www.agingkitsap.com

www.waclc.org



PHONE DISCOUNTS: Qualifying low-income consumers can receive discounts on their telephone service through the +Federal Communications Commission's Lifeline program. Information is available at 888-641-8722.

FOOD BANKS / FOOD ASSISTANCE

Bainbridge Island Helpline House	206-842-7621
Bremerton Food Line	360-479-6188
Central Kitsap Food Bank	360-692-9818
DSHS Home and Community Services ...	360-842-2112
Kingston Food Bank	360-297-4861
Meals on Wheels Kitsap	360-377-8511
Salvation Army	360-373-5550
South Kitsap Helpline	360-876-4089
St. Vincent de Paul	360-377-2929

HEALTHCARE / HOSPITALS

St. Michael Medical Center:	
Bremerton and Port Orchard	360-744-3911
Poulsbo ... 360-598-7500, Silverdale ..	360-744-8800
Kitsap County Medical Society physician referrals ...	866-844-9355
Kitsap Public Health District	360-728-2235
Naval Hospital Bremerton	360-475-4000
Peninsula Community Health Services	360-377-3776

HEARING

Hearing, Speech and Deafness Center ...	206-323-5770
---	--------------

HOSPICE

- CHI Franciscan 1-866-969-7028
Kaiser Permanente Home Health and
Hospice 206-326-4530

HOUSING ASSISTANCE / HOUSING REPAIRS

- Bremerton Housing Authority 360-479-3694
Housing Kitsap 360-535-6100
Housing Resources Bainbridge 206-842-1909
Kitsap Community Resources 360-473-2035
VA Supportive Housing 253-582-8440
Washington State Housing Finance Commission ...
206-464-7139

IMMIGRATION SERVICES

- Kitsap Immigrant Assistance Center .. 360-616-0479
U.S. Immigration and Naturalization
800-375-5283

IN-HOME CARE/HEALTH SERVICES

- Catholic Community Services 877-870-1582
Korean Women's Association 360-479-1707
Lutheran Community Services Northwest
360-377-5511, 253-722-5680

LEGAL ASSISTANCE

- Kitsap County Bar Association 253-682-3135
Kitsap Legal Services 360-479-6125

LEGISLATION / STATE

- Senior Citizens Lobby 360-754-0207
Washington Legislature Hotline 800-562-6000

LONG-TERM CARE

- Kitsap County Division of Aging and Long-Term Care
360-337-5700
Long Term Care Ombudsman 360-337-5714

MEDICARE / HEALTH INSURANCE

Medicare	1-800-633-4227
Medicare beneficiary helpline	800-633-4227
Medicare/Medicaid Fraud	800-447-8477
SHIBA (Statewide Health Insurance Benefits Advisors)	360-475-3095, 800-562-6900

MENTAL HEALTH / SUICIDE PREVENTION

Crisis Clinic of the Peninsulas 24-hour Line	360-479-3033
Kitsap Mental Health Services	360-373-5031
Kitsap Suicide Prevention Task Force ..	360-337-5279
NAMI (National Alliance on Mental Illness)	206-783-4288
National Suicide Prevention Lifeline ...	1-800-273-8255
Peninsula Community Health Services ...	360-377-3776



CENTERS FOR SENIORS: Givens Community Center in Port Orchard hosts activities for seniors, as do senior centers and other community centers throughout Kitsap County. See the Senior and Community Center listings.

MINORITY SERVICES

Korean Women's Association	253-535-4202
Office of Minority Affairs and Diversity ...	206-543-7132
Port Gamble S'Klallam Tribe	360-297-2646
Suquamish Tribe	360-598-3311

SENIOR / COMMUNITY CENTERS

Bainbridge Island Senior Center	206-842-1616
Bremerton Family YMCA	360-377-3741
Bremerton Senior Recreation Center ...	360-473-5357
Givens Community Center (Port Orchard)	360-337-5700
Haselwood Family YMCA (Silverdale) ...	360-698-9622
North Kitsap Senior Center	360-779-5702
Port Gamble S'Klallam Tribe Senior Center	360-297-9627
Suquamish Tribe Elders Lodge	360-598-6883
Village Green Community Center (Kingston)	360-297-1263

SOCIAL SECURITY

Social Security Administration	800-772-1213
Bremerton office	1-855-820-0098



TRANSPORTATION: Kitsap Transit's Access offers door-to-door or curb-to-curb transportation for elderly and disabled riders. Information is available at kitsap-transit.com and 360-377-2877.

SUPPORT GROUPS/ ASSOCIATIONS

Alzheimer's Association	800-272-3900
Brain Injury Alliance of Washington ...	1-877-824-1766
Kitsap County Caregiver Support Center	360-337-5700
Widowed Information and Consultation Services (WICS)	206-241-5650

TAX HELP/INFORMATION

AARP Tax-Aide	888-687-2277
IRS	800-829-1040
Kitsap County assessor	360-337-7160

TRANSPORTATION

Amtrak	800-872-7245
Catholic Community Services volunteer transportation	253-502-2708
Kitsap Transit	800-501-7433, 360-377-2877
Paratransit Services	360-377-7007
State ferries	800-843-3779

UTILITIES ASSISTANCE

Federal Lifeline Telephone Program ..	888-641-8722
Kitsap Community Resources	360-377-0053
Kitsap County Public Utility District ...	360-779-7656
Salvation Army	360-373-5550
Washington Utilities and Transportation Commission	360-664-1160



NOW OPEN!
Charming cottages in 55+ community

Located in beautiful *Silverdale*



Retire Here!

Single-level cottages with attached garages. For rent! No buy-in. Reserve today: (360) 633-1800

www.norpoint.com

VETERANS

American Legion	
• Post 149 Bremerton	360-373-8983
• Post 30 Port Orchard	360-908-7319
Disabled American Veterans	360-373-2397
Fleet Reserve Association	360-373-2296
Kitsap Community Resources	360-377-0053
Kitsap County Veterans Assistance ...	360-337-4811
Marine Corps League	360-695-7233
Navy League	360-479-1233
U.S. Veterans Affairs	360-782-9900
VFW Post 239 Bremerton	360-377-6739
Washington Department of Veterans Affairs	800-562-2308
Washington Veterans Home-Port Orchard	360-895-4700

VOLUNTEERING

AARP Tax-Aide	888-227-7669
Citizens on Patrol/Kitsap County Sheriff	360-337-4650
Kitsap County Parks	360-337-5350
Kitsap County Volunteer Services ...	360-337-5777
Retired and Senior Volunteer Program (RSVP)	360-377-5511
Senior Companion	360-377-5511, 253-272-8433
United Way of Kitsap County	360-377-8505
Meals on Wheels (Lutheran Community Services) ...	253-722-5684
MultiCare Hospice Volunteer	253-403-1005
Retired and Senior Volunteer Program (RSVP)	253-722-5695
Senior Companion Program	253-272-8433
Senior Media Services (Senior Scene newspaper delivery)	253-722-5687
Service Corps of Retired Executives (SCORE)	253-680-7770
SHIBA Helpline (Statewide Health Insurance Benefit Advisors)	253) 596-0918, 800-562-6900

St. Anthony Hospital	253-530-2000
St. Joseph Medical Center	253-426-4101
St. Michael Medical Center	360-744-5598
Tacoma Area Coalition of Individuals with Disabilities (TACID)	253-565-9000
Volunteer Chore Services.....	253-502-2741

Home is where the HEART is

*But sometimes
you need
a helping hand*



**Retired and Senior
Volunteer Program**



**Military Family
Respite Care**



Senior Companion



**Where to Turn/Senior
Media Services**

Bremerton 360-377-5511

Tacoma 253-272-8433

www.lcsnw.org



LUTHERAN
**Community
Services**
NORTHWEST



ShareLife®

Every life is unique – shouldn't every funeral be, too?

ShareLife is more than just a funeral. It's a unique, complete approach to funeral planning that honors and celebrates the life of your loved one. Plan a personalized, memorable life celebration service with a ShareLife provider near you.

The ShareLife experience doesn't have to be expensive. Our providers in Washington have **options to fit every budget**. Call today to learn more!

Tacoma • Federal Way

Edwards Memorial Funeral Home
(253) 566-1008 EdwardsMemorial.com

Auburn • Kent

Klontz Funeral Home & Cremation Services
(253) 833-1322 KlontzFuneralHome.com

Sumner • Puyallup

Curnow Funeral Home & Cremation Services
(253) 863-2800 CurnowFuneralHome.com